

I HAVE THE RIGHT ...

to be in a clean environment,
at home, school, or wherever I am.

I HAVE THE RESPONSIBILITY ...

to take care of my environment
and to tidy up when I have finished
working or playing.

I HAVE THE RIGHT ...

to be protected from cruelty,
conflict, exploitation and neglect.

I HAVE THE RESPONSIBILITY ...

to be kind and caring to others.

I HAVE THE RIGHT ...

to be educated.

I HAVE THE RESPONSIBILITY ...

to concentrate and try my best.

I HAVE THE RIGHT ...

to freedom of thoughts and beliefs.

I HAVE THE RESPONSIBILITY ...

to listen to others and respect their
thoughts and beliefs, even if they are
different from my own.

I HAVE THE RIGHT ...
to proper medical care.

I HAVE THE RESPONSIBILITY ...
to play safely so that my friends
and I do not get hurt.

I HAVE THE RIGHT ...
to be heard.

I HAVE THE RESPONSIBILITY ...
to listen to others and
to take turns to speak.

I HAVE THE RIGHT ...
to be loved and respected.

I HAVE THE RESPONSIBILITY ...
to love and respect others.

I HAVE THE RIGHT ...
to special care for my special needs..

I HAVE THE RESPONSIBILITY ...
to help others and to respect
that people may have needs
that are different to my own.

I HAVE THE RIGHT ...
to be fed well.

I HAVE THE RESPONSIBILITY ...
to eat the food that I am given
and say 'thank you'.

I HAVE THE RIGHT ...
to make mistakes.

I HAVE THE RESPONSIBILITY ...
to try my best and
ask for help if I need it.

I HAVE THE RIGHT ...
to relax and have fun.

I HAVE THE RESPONSIBILITY ...
to work hard when it is time to
work and to play safely when
it is time to play.